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# REASONS WHY THIS BLOG RULES, BABY

"REASONS MY SON IS CRYING" SURE TO BE A HIT. PAGE 25



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**Making a comeback.** The scandal-ridden ex-governor throws his hat into the ring to become the next New York comptroller.  
**Dirty pols.** Will voters be willing to forgive him and Anthony Weiner at the ballot box in the upcoming primaries? PAGE 02

# SPITZER'S SECOND ACT

Eliot Spitzer talks with reporters yesterday in Union Square on his first day of campaigning for city comptroller. The former New York governor said he is ready to enter the political arena again. / BESS ADLER, METRO



1

NEWS

Top 3

**Trending  
online at  
Metro.us**

**1** 'Doctors develop \$260 test-tube baby system for poor world'

**2** VIDEO: Brazilian musician shot while performing on stage'

**3** Video: 'Mos Def gets force-fed like Guantanamo inmate'

Quoted

"I don't think we see all that much from either of these men that would put them in a position where they would have earned a second chance redeeming themselves from their selfish behavior and deserve a second chance by New York's voters."

Christine Quinn

# Disgraced NYC pols roil the upcoming election



Mayoral candidate Anthony Weiner greets a young girl outside a subway stop in Harlem. / GETTY IMAGES

**Election.** New York races have been thrown upside down by the entrances of Weiner and Spitzer.

As the dust settles in the wake of Eliot Spitzer's 11th-hour announcement that he was joining the race for city comptroller, a larger question hangs over the local politics sphere: Can voters stomach the return of not one but two disgraced politicians in the same year?

Spitzer, who held the governorship for little more than a year before being ousted in March 2008 for soliciting prostitutes, threw his hat in the ring late Sunday, following Anthony Weiner's announcement just a few weeks ago that he would be joining the NYC mayoral race.

Christina Greer, an associate professor in the political science department at Fordham University, came up with three ways this could play out: Spitzer

could pull Weiner down; Weiner could elevate Spitzer; or voters could evaluate them separately.

Spitzer's announcement yanked the rug out from under Manhattan Borough President Scott Stringer, who was coasting into the comptroller's office unopposed.

"We know that Eliot Spitzer isn't going to just dip his toe back into the political waters without actually assessing his realistic chances," Greer said.

Mickey Carroll, a Quinnipiac University pollster, said he anticipates Spitzer taking much the same tack that Weiner has thus far.

"My guess is he's going to run a very wonkish campaign," Carroll said. "Like, 'Yes, this was a bad thing, I misbehaved and I regret it — now let's talk about the real issues.'"

"You'll get more numbers and so forth from Spitzer than you can shake a stick at," Carroll added.

But Greer said that might not be sustainable.

"That's going to work for the first two days of the story, but at a certain time

Quoted

**"It's a question of whether or not New Yorkers have the mental space to digest both Spitzer and Weiner at the same time."** Greer

he's going to have to formally address [the scandal], whether it's in a sit-down interview with a particular journalist or something else," Greer said.

Carroll dismissed Stringer's initial attack on Spitzer, calling him out on funding his campaign with his own money.

Michael Tobman, a New York-based political consultant, agreed that Spitzer's money source likely won't be a problem for voters.

"New York City voters have shown their comfort with wealthy candidates funding their own campaigns," Tobman said.



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## Who is the city comptroller?

The New York City comptroller is the city's chief fiscal officer, advising other elected officials on the financial health of the city and making recommendations on fiscal policies.

- The office, currently held by John Liu, is also responsible for managing the city's pension funds and audits city agencies.
- The city comptroller has been independently

elected instead of appointed since 1884. If anything were to happen to the mayor and the public advocate, the city comptroller would step in as the temporary mayor.

## Return of the sheriff

### Eliot Spitzer to run for NYC comptroller

Ex-Gov. Eliot Spitzer launched a campaign for city comptroller Monday, five years after resigning in disgrace.

Spitzer, who resigned as New York governor following a prostitution scandal, told The New York Times he's hoping voters have forgiven him.

"I'm hopeful there will be forgiveness; I am asking for it," Spitzer told the Times.

In a bizarre twist, Spitzer will run against the former madam who supplied him with call girls.

"Happy birthday to me! What a great

present — a chance to confront Eliot Spitzer in the debate!" tweeted Kristin Davis, who is already running as a Libertarian.

He begins his campaign two weeks after former Rep. Anthony Weiner pulled ahead in a poll for the mayoral race, despite his own scandal two years ago.

He told the Times he's hoping to make the Office of Comptroller, currently held by mayoral candidate John Liu, a more activist one.

Until Spitzer's announcement, Manhattan Borough President Scott Stringer was considered the Democratic frontrunner for the position.

ANNA SANDERS



Eliot Spitzer gets on the campaign trail in Union Square yesterday. / BESS ADLER, METRO

## Timeline

### Bank records led to scandal

Eliot Spitzer's fall from grace began in July 2007, when the North Fork Bank reported suspicious transactions involving the governor to the IRS.

Federal investigators were tipped off again after HSBC bank reported Spitzer had also wired money to two shell companies operating as a front for a high-end online prostitution service, the

Emperor's Club VIP.

The next year, FBI investigators recorded "Client 9" arranging to meet with a prostitute named "Kristen" at a Washington, D.C., hotel on Feb. 13, 2008.

A few days after news of Spitzer's involvement with the prostitution ring broke, he resigned on March 12. Since then, he's contributed to the online magazine Slate and co-hosted a show on CNN, as well as his own program on Current TV. ANNA SANDERS





## BEST SELLING AUTHOR GA HAUSER

### Book Synopsis:

Two of LAPD's finest, Officer Jeff Chandler and his partner Mickey Stanton, have been together on duty for three years. When Mickey first met Jeff, a lateral transfer from Rain City- Seattle, he was crazy about him. When the men were assigned to a two-man patrol car, Jeff and Mickey's attraction blossomed. And from then on, it was playtime!

On the street, Jeff and Mickey were tough and fearless, doing their job to protect and serve, but the testosterone charged pair were wild and out of control with their passion for each other. They loved doing risqué acts on duty and craved the adrenaline rush, until Jeff becomes burned out with patrol. His ambition is to rise up in the ranks. Soon the two men are at odds with what direction their careers should take, and Mickey resents Jeff for wanting to split up their team.

As friction begins to develop between them, they still have to continue battling the crime on LA's streets. Between the raging fury and the sexual heat of their relationship, there is true love, and that love is put to the ultimate test, nearly ending in tragedy.

'Top Men'- Mickey and Jeff- The police officers you grew to love from GA's Action! and Hero Series, back again to give fans a wild ride into the darkest secrets and desires of COPS.

## COVER PHOTOGRAPHER MICHAEL STOKES

Cover Design by Syd Gill

### Author Bio:

Award-winning author G.A. Hauser was born in Fair Lawn, New Jersey, USA and attended university at FIT in New York City. She moved to Seattle, Washington where she worked as a patrol officer with the Seattle Police Department. In early 2000 G.A. moved to Hertfordshire, England where she began her writing in earnest and published her first book, *In the Shadow of Alexander*. Now a full-time writer, G.A. has written over ninety novels, including several best-sellers of gay fiction. GA is also the Executive Producer for her first feature film, *CAPITAL GAMES*. For more information on other books by G.A., visit the author at her official website.

[www.authorgahauser.com](http://www.authorgahauser.com) | [www.capitalgamesthemovie.com](http://www.capitalgamesthemovie.com)

G.A. has won awards from All Romance eBooks for Best Author 2010, 2009, Best Novel 2008, Mile High, and Best Author 2008, Best Novel 2007, *Secrets and Misdemeanors*, Best Author 2007.

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# NYC hosts record number of visitors

**Jet set.** In six years, international tourism rose by 52 percent.

The American economy might have had its ups and downs in recent years, but that hasn't stopped citizens of other countries from coming to New York.

The city saw a record 11 million international visitors in 2012, a 52 percent increase in the last six years, according to a report released by NYC & Company.

"Tourism's robust growth since 2006 is no accident — it was the result of an innovative model and deliberate strategy to target emerging international markets and promote the diversity of tourism activities across all five boroughs," said Emily Rafferty, chairwoman of NYC & Company, the city's official marketing and tourism organization, in a statement.

Since 2006, 78,200 tourism jobs were added in the city, and the state Department of Labor has cited leisure and hospitality as one of NYC's top growth industries over the last two years.

**ANNA SANDERS**  
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According to a new report, 11 million international visitors came to NYC last year. / GETTY IMAGES

## The report

### Big business

The report also notes a record 29 million hotel room nights were sold in 2012 and 167 new hotel properties were added to the city in the last six years.

A record 24.5 million people attended the city's cultural institutions, up by 30 percent in the same

time period. All these visitors resulted in \$9.3 billion in taxes, including \$3.3 billion in city taxes.

The city aims to increase the number of annual visitors by 5.8 percent in the next two years, to 55 million a year, and increase the tourism industry's economic impact to \$70 billion per year.

## Next mayor

**"The industry will be looking for continued investment and support from the next administration."**

Emily Rafferty, chairwoman of NYC & Company

# Weiner calls for biking tax credit

Mayoral candidate Anthony Weiner visited a Chelsea bike shop Monday morning to tout his proposal to expand tax breaks to New Yorkers who bike to work.

"Hundreds of thousands of New Yorkers have already recognized the advantages of biking and it's time that the city offers them transit benefits as well," Weiner said.

Weiner aims to increase bike commuting by 25 percent in the next four years. Already more

## Cycling city

# 25

Weiner wants to increase bike commuting by 25 percent.

than 30,000 residents are regularly commuting to work on bikes, according to a New York City Center for Economic Opportunity report.

Ultimately, Weiner said the increase could be achieved through tax

incentives.

Weiner's "Keys to the City" proposal would offer an additional city tax credit of \$120 for every eligible employee working for companies already participating in the federal bike benefit program.

Biking employees would be reimbursed up to \$30 a month before taxes, and the city would foot up to \$10 in biking costs, like maintenance and supplies

**ANNA SANDERS**



Anthony Weiner / GETTY IMAGES

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## NYPD. Two women attacked by homeless woman on 6 train

One woman was stabbed and another punched in the face on a northbound 6 train on their morning commute on Monday, police reported.

Cops said they have the alleged assailant, a 31-year-old homeless woman, in custody. She is undergoing psychiatric evaluation at Bellevue Hospital and has not yet been charged.

The suspected stabber was reportedly staring at the first victim, a 39-year-old woman, as the train neared the 59th Street station and then suddenly lunged at her with a knife.

Passengers on the train were able to restrain her, cops said.

But when the victim attempted to get off of the train at 59th Street, the woman allegedly lunged at her again and stabbed her in the left shoulder and stomach.

### Commuting horror

Two women were attacked on the 6 train yesterday morning.

- One of the women was stabbed and one was punched.
- The alleged assailant is a 31-year-old homeless woman, cops said.

Cops said the second victim, a 19-year-old girl, was trying to help the first victim.

She had her hair pulled and was punched in the face.

Police were called around 10:10 a.m. and were able to take the suspect into custody at the scene.

Both victims were taken to Cornell Hospital in stable condition.

DANIELLE TCHOLAKIAN



## World's smallest deer at Queens Zoo

The Queens Zoo celebrated the birth of the world's smallest deer yesterday. The adorable southern pudu weighed just a pound, but may reach about 20 pounds and grow to be a foot tall when she matures completely. The energetic species, found in Chile and Argentina, has been placed on the endangered species list by the International Union for Conservation of Nature.

JULIE LARSEN MAHER, WCS

### Bronx

## Man shot at gas station

Cops are searching for a suspect who shot a 29-year-old man at a Bronx gas station on June 30, police said.

The victim was in front of a BP gas station located at 1128 E. Gun Hill Road about 4:30 a.m. when he was shot once in his right arm, police said.

The suspect fled in a silver Dodge Challenger. He is being described as a black male in his 20s or 30s. He was wearing a red T-shirt and glasses.

The victim was taken to Montefiore Medical Center, where he remains in stable condition. The bullet entered his arm and stopped in his chest.

Police released a video showing the suspect arguing with the victim before firing his weapon and jumping into his car.

LAURA SHIN



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# Asiana jet's slow approach probed for clues to crash



The charred aircraft remained on the airport tarmac as flight operations gradually returned to normal yesterday. / GETTY IMAGES

**Landing.** The impact flung rocks hundreds of feet down the runway and tore off parts of the plane.

The Asiana Airlines Boeing 777 that crashed Saturday while landing at San Francisco international airport had slowed to almost 40 miles per hour below its target speed before hitting a seawall short of the runway, a federal investigator said yesterday.

Crash investigators said they don't yet know why the plane was moving so slowly that it was on the verge of losing lift, or whether a pilot with only 43 hours of experience flying that aircraft type was at the controls. All but two of the 307 people on board survived.

Investigators expect to learn more when they in-

## Asiana crash

### Crash pilot was in 777 training

The pilot was still in training for the Boeing 777 when he attempted to land the plane under supervision Saturday, the South Korean airline said.

Lee Kang-kuk was the second most junior

pilot of four on board the Asiana Airlines plane. He had 43 hours of experience flying the long-range jet, the airline said. It was Lee's first attempt to land a 777 at San Francisco airport, although he had flown there 29 times previously on other types of aircraft. **REUTERS**

terview the four pilots — two of whom were flying the plane when it crashed and two who provided relief on the flight from Seoul, National Transportation Safety Board Chairwoman Debbie Hersman said in a briefing yesterday. She declined to confirm which pilot was at the controls when the plane crashed.

While the plane didn't make any unusual drops or

turns as it flew across the bay toward the runway, its speed fell to dangerous levels as it got lower, Hersman said, citing preliminary information from crash-proof recorders. The pilot flying the plane turned off the autopilot at 1,600 feet altitude 82 seconds before the crash, she said. At 1,400 feet altitude a few seconds later, the plane was flying at 196 mph, she said. **BLOOMBERG**

## Fatalities. Death toll rises in Canadian runaway train blast

The death toll in Quebec's oil train disaster jumped to 13 people yesterday and police said about 37 more people were missing, a sign the derailment and explosion could be the worst accident in Canada since the Swissair crash of 1998.

Police estimated a total of around 50 people were either dead or missing after the blast destroyed dozens of buildings in the center of Lac-Mégantic early Saturday. Previously, they had said five people were dead and 40 missing. **REUTERS**

## Ball of flames

### Brakes disabled by firefighters

Air brakes that would have prevented the disaster failed because they were powered by an engine that was shut down by firefighters as they dealt with a fire probably caused by a fuel or oil line break in the engine shortly before the incident, the head of the railway said yesterday. **REUTERS**



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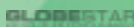
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BIGSCREEN PLAZA



The White House said the plan would build on progress made so far in opening up government data to entrepreneurs and in modernizing government services. / GETTY IMAGES

## Second-term tech plan for 'smarter' US government

**Technology.** Obama is naming 43 people to build momentum for streamlining the government.

President Barack Obama said he's devoting part of his second term to improving government efficiency and is putting his new budget director, Sylvia Burwell, in charge of the effort.

"We're operating under severe fiscal constraints," Obama said at the White House after a Cabinet meeting yesterday. "It makes

sense for us to be able to redesign government."

The goal, he said, is "making sure that we're delivering services better, faster and more efficiently" while reducing waste and saving taxpayer money.

In his first term, Obama said the government identified more than \$2.5 billion in savings by ending overlapping programs and improving efficiency. Obama selected 18 Presidential Innovation Fellows, many of them from California's Silicon Valley, to help streamline government operations through better use of computer technology.

The result was im-

proved use of government data and Internet and mobile applications that, for example, allowed disaster victims to sign up for government benefits more quickly. In another area, technology experts created ways to open government statistics for easier use by the public, according to the White House.

BLOOMBERG

### Quoted

"It makes sense for us to be able to redesign government." Obama

### New study

## One in four injured youth owns a gun

Close to one-quarter of teenagers and young adults treated for assault injuries in a Michigan emergency room reported owning or carrying a gun, according to a new study.

Most of those weapons were obtained illegally and 22 percent of young gun owners said they had an automatic or semiautomatic firearm. **REUTERS**

## Murder trial. State seeks to halt animated Martin re-enactment

Prosecutors asked a Florida judge yesterday to block the jury in the George Zimmerman trial from seeing an animated re-enactment of the shooting of unarmed black teenager Trayvon Martin, saying the video distorts the events of that fatal encounter.

State prosecutors argued that the video fails to show the Kel Tec 9mm pistol that Zimmerman used to shoot Martin. **REUTERS**



Zimmerman / GETTY IMAGES



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*Forget sleek and subtle, the Stauer Colossus Hybrid is one tough timepiece...now for less than \$50!*

Never underestimate your competition. Just ask Demetrius, the unfortunate Greek general who set out to conquer Rhodes in 305 BC. He assumed that a massive force of 40,000 men, a fleet of Aegean pirates and an arsenal of wall-smashing war machines would be enough to crush the tiny Greek island. He was wrong. The Rhodians were tougher than he thought. And so is this watch. If you've always believed that the biggest, baddest watches had to cost big, bad money, the \$49 Stauer *Colossus Hybrid Chronograph* is here to change your mind.

**A monument to toughness.** The people of Rhodes were ready for Demetrius and repelled his attack. To celebrate, they built the Colossus of Rhodes, a 107-foot bronze and iron giant that towered over the harbor like a ten-story trophy. It warned future invaders that "Rhodes is tougher than you think." You give the same message when you wear the Stauer *Colossus*.

**The timepiece that works twice as hard.** The *Colossus Hybrid Chronograph* will keep you on schedule, but it's about much more than time. The imposing case features a rotating gunmetal bezel that frames the silver, black and yellow face. You'll find a battalion of digital displays on the dial arranged behind a pair of luminescent hands and a bold yellow second hand. Powered by a precise quartz movement, the watch is doubly accurate in analog and digital mode.

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## In-vitro fertilization. Doctors develop \$260 test-tube baby system

Belgian doctors have developed a low-cost version of test-tube baby technology for use in developing countries, where sophisticated Western systems are unaffordable for most.

The researchers said their simplified process cost around \$260 per cycle of treatment and delivered results that were not much different to those seen with conventional in-vitro fertilization program.

The price is just 10 to 15 percent of the current

### Test-tube births

# 5M

Around 5 million babies have been born around the world since the birth of the first test-tube baby in 1978.

cost of Western-style IVF and suggests infertility care could one day become universally accessible, Elke Klerkx from the Genk Institute for Fertility Technology told a medical meeting. **REUTERS**

### Head shape

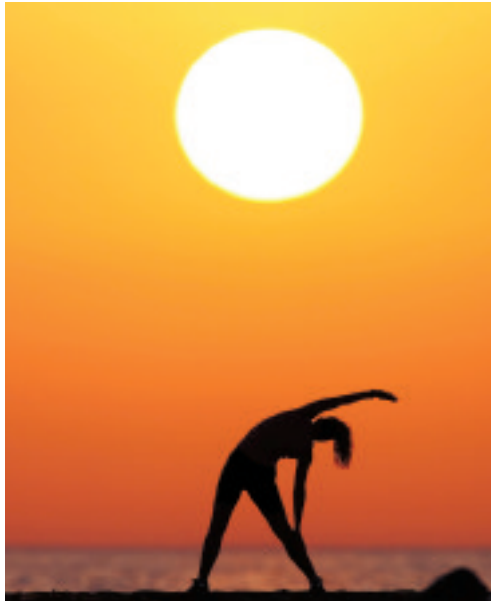
## Nearly half of babies have a flat skull spot

Close to half of 2-month-olds have a flat spot on the back of their heads, according to a new

Canadian study that suggests changes in parents' habits may be a cause.

Although not thought to be medically dangerous, the flattened head shape can become permanent, researchers said. **REUTERS**

# Ease into outdoor fitness on sultry summer days



A 2011 report from the Centers for Disease Control showed that about 6,000 people a year seek emergency treatment for heat illnesses suffered while playing sports or participating in other recreational activities outdoors. / GETTY IMAGES

### Steamy fitness.

Embrace the heat now to get used to hot exercise all summer long.

Can't take the heat?

Fitness experts say one way for outdoor exercisers who dread the long, hot summer days of steamy runs and breathless aerobics during a heat wave is to embrace it.

"It takes most healthy people 10 to 14 days to fully acclimate to exercising in the heat," said Dr. Cedric X. Bryant, chief science officer of the American Council on Exercise. "In order to achieve that you need to be exercising in heat."

The heat-acclimated individual will sweat sooner and that sweat will be more diluted, Bryant said.

There will be a lower risk for dehydration and a reduction in the heat gained through exercise that will help maintain a lower core temperature and heart rate response.

A 2011 report from the Centers for Disease Control showed that about 6,000 people a year seek emergency treatment for heat illnesses suffered while playing sports or participating in other recreational activities outdoors.

While acclimating to the physiological demands of the heat, Bryant said, be sure to tone down your workout. **REUTERS**

### Heat intolerant

# 25%

Dr. Cedric X. Bryant said as much as 25 percent of the healthy population is estimated to be heat intolerant in an unacclimated state. Once they get acclimated that drops to 2 percent.

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# At least 51 killed in Egypt as Islamists urge defiance

**Divide.** The turmoil leaves Arab world's largest nation of 84 million people in a perilous state.

At least 51 people were killed yesterday when the Egyptian army opened fire on supporters of ousted president Mohammed Morsi, in the deadliest incident since the elected Islamist leader was toppled by the military five days ago.

Protesters said shooting started as they performed morning prayers outside the Cairo barracks where Morsi is believed to be held. But military spokesman Ahmed Ali said that at 4 a.m. armed men attacked troops in the area around the Republican



A supporter of Mohammed Morsi holds a copy of the Quran stained with blood, and empty bullet casings. / GETTY IMAGES

Guard compound in the northeast of the city.

"The armed forces always deal with issues very wisely, but there is certainly also a limit to patience," Ali told a news conference, at which he presented what he said was video evidence, some of it apparently taken from a helicopter.

Emergency services

said 435 people were wounded.

Morsi's Muslim Brotherhood urged people to rise up against the army, which they accuse of a coup to topple the president. The movement's leaders are calling for peaceful resistance, but the risk remains of fringe elements pursuing a violent agenda.

At a hospital near the Rabaa Adawiya mosque where Islamists have been camping out since Morsi's ouster, rooms were crammed with people wounded in the violence, sheets were stained with blood, and medics rushed to attend to those hurt.

"They shot us with tear-gas, birdshot, rubber bullets — everything. Then they used live bullets," said Abdelaziz Abdel Shakua, 30, who was wounded in his right leg. **REUTERS**



Egyptian supporters of deposed president Mohammed Morsi sit in front of barbed wire fencing that blocks access to the headquarters of the Republican Guard in Cairo yesterday. / GETTY IMAGES

## Key donor

**White House says aid to Egypt will not yet be halted**

The Egyptian military, recipient of \$1.3 billion a year from Washington, has insisted that the overthrow was not a coup, and that it was enforcing the "will of the people" after millions took to the streets on June 30 to call for Morsi's resignation.

Officials are still refraining from calling the military intervention a "coup" — a label that would trigger legal obstacles to continuing aid payments — and called on Egypt's army to exercise "maximum restraint" in dealing with protesters.

## Aid

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# 2

## CULTURE



Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Harry Styles is feeling unprepared, Liam Payne had a rough night, Zayn Malik is a bit peckish and Niall Horan is far too suggestible.

@Harry\_Styles: I was told there would be no maths.

@Real\_Liam\_Payne: Can't even begin to remember who won bowling... Or why I'm awake???

@zaynmalik1D: Think I'm gonna have some weetabix with a banana now

@NiallOfficial: last night Louis made me rotly poly the whole way up the stage! regretting it! Back is destroyed in scratches and bruises from the stage



RICHARD FOULSER/COSMOPOLITAN

# 1

## Jason Collins' ex-fiancee speaks out

In April, Jason Collins was the first major athlete to come out as gay in an op-ed in Sports Illustrated. He wrote, "I'm a 34-year-old NBA center. I'm black. And I'm gay. I didn't set out to be the first openly gay athlete playing in a major American team sport. But since I am, I'm happy to start the conversation."

The world was shocked, but perhaps no one more so than his former fiancee, Carolyn Moos. "A month before I was set to marry the man I loved, he called off the wedding. I had no idea why. He and I had been together for eight years. We had planned to have children, build a family. Nearly four years later, I got my answer. ... Jason told me

he's gay over the phone on a Monday morning in April, the same day the magazine hit newsstands. However, he didn't mention the article — that came as a surprise when I heard about it from a friend," she told the latest issue of Cosmopolitan.

And even though Moos claims she's happy for Collins and thinks he is very brave, she is still angry at his deception. "I empathize with Jason and support him. But at the same time, I remain deeply hurt by him," she said. "I wish he could have been honest with me years ago. I feel like there are two Jasons now — the man I fell in love with and the man I'm trying so hard to understand."

# THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON  
@dorothyatmetro  
dorothy.robinson@metro.us



## Chris Pratt quits buying six packs, gets a six-pack

Chris Pratt, "Parks and Recreation" star and husband to Anna Faris, posted this smoking hot selfie on his Instagram account recently — and it will make us all want to give up beer. Almost. "Six months no beer. #GOTG Kinda douchey to post this but my brother made me," he wrote.

The actor is getting in shape to be the lead in Marvel Studio's big-screen adaptation of "Guardians of the Galaxy," as astronaut Peter Quill.

I have a feeling that just giving up beer alone will not give you six-pack abs like that but still — hubba hubba.

## Victoria Beckham weighs in on working mother debate

Anne-Marie Slaughter, Sheryl Sandberg and now there's a new big name weighing in on the motherhood versus career debate: Victoria Beckham.

"When you are successful, the hardest thing is maintaining that level of success, so you work harder to maintain what you have achieved," the fashion designer and former pop star tells Vogue China. "It's a huge juggling act, when you are a working mother and looking after your family. Millions and millions of women around the world are doing this every day, but it's not easy and yes, you feel guilty every time you walk out of the door to go to work."



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# Stars pony up



## Blonde ambition

**1** **Cameron Diaz** rocked a blonde ponytail and toasted with **Steven Tyler** at the Stella McCartney Spring 2014 Collection Presentation on June 10 in NYC.

## Stay loose

**2** **Model Jana Perez** rocked a loose, low ponytail on the red carpet of New Generation by Francina on June 11 in Barcelona.

## High and mighty

**3** **Actress Ann Woll** took the stage at HBO's season pre-

miere of "True Blood" on June 11 in Hollywood.

## 'Do it up

**4** **"Scandal" stars Darby Stanchfield and Joshua Malina** posed together on the red carpet as part of the 53rd Monte Carlo TV Festival on June 12 in Monaco.

## The messy braid

**5** **Casey Burgess** appeared with a braided ponytail at the CLEO Bachelor of the Year Awards at the Beresford Hotel on June 12 in Sydney.

## A casual side-sweep

**6** **Actress and singer Natalia Avelon** looked refreshed and summery at the Marc Cain Photocall during the Mercedes-Benz Fashion Week Spring/Summer 2014 at the Hotel Adlon on the Fourth of July in Berlin.

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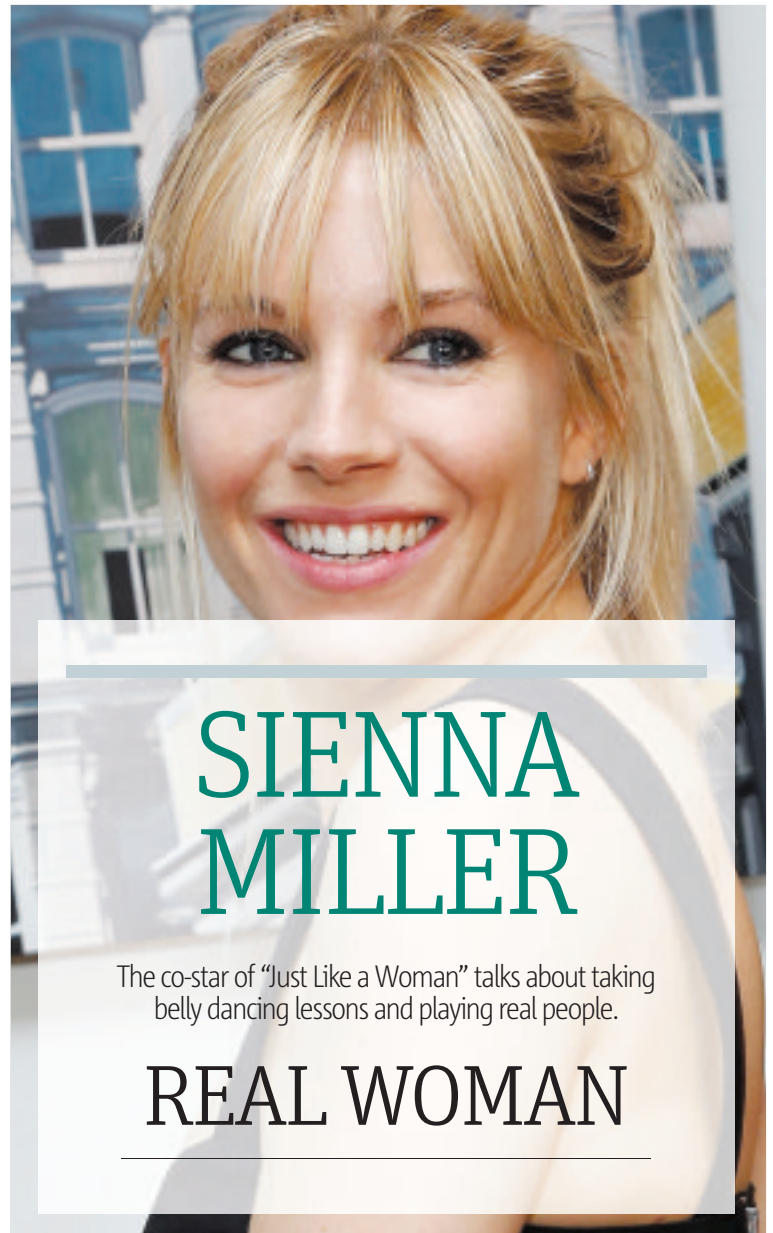
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The co-star of "Just Like a Woman" talks about taking belly dancing lessons and playing real people.

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Sienna Miller isn't the first model to turn to acting or the first to win accolades. Though her personal life, particularly her on-again-off-again relationship with Jude Law, has sometimes eclipsed her performances, she's delivered strong work in "Layer Cake" and "Interview" and earned a Golden Globe nomination for playing Tippi Hedren in "The Girl," which accused Alfred Hitchcock of obsessively destroying an actress' career. Miller can be seen in "Just Like a Woman," a "Thelma and Louise"-style road trip set in America and directed by French-Algerian filmmaker Rachid Bouchareb ("Days of Glory," "Outside the Law").

**The film features your character taking up belly dancing. Did you have a history with that?**

No, no. I'm completely uncoordinated. It was a real struggle. The film is very well-shot, because there were moments that weren't particularly well-executed on my part.

I just tried to distract them with the immensely enormous push-up bra. That was my mission.

**Did you get better?**

Yeah, I worked very hard. I trained for 10 weeks. I was doing a play in London at the time. When I wasn't doing matinees, I was belly dancing. And I loved it. The great thing about being an actress is you get to do these crash courses in strange kinds of skills. I can add belly dancing to my résumé.

**"Just Like a Woman" is Rachid Bouchareb's first film in America and in English. Were there any difficulties working with someone from a different culture who spoke another language?**

The way the French make films is very different. That was a hard thing to get around. When they say "C'est pas mal," that translates into "Not bad." But to them that actually means it's extraordinary and you've done an amazing job.

It took me a few weeks of feeling chronically insecure and feeling like I was making the biggest mistake of my career before realizing they were happy with me. They're so uneffusive — it was hard to get my head around that. But when you get a compliment, it's authentic.

**What are the difficulties of playing someone who is an original creation versus a real person?**

I love playing real people. You get to become a historian. I love that aspect of investigating someone and meeting people who knew them and discovering secrets. I played Edie Sedgwick [in "Factory Girl"] and Tippi Hedren. With a new character, you have freer rein and that can be exciting. And you can kind of be more lazy, which is a great thing for me. You have to do someone justice if they're a real person.



**MATT PRIGGE**  
matt.prigge@metro.us

#### Q&A

### Calling out Hitchcock

**What reaction did you get from Hitchcock fans for the accusations made in "The Girl?"**

People had really strong opinions about it. Ultimately that's not my territory. I'm playing a woman who's alive and has told us her version

of the story. I don't think it's any surprise that Hitchcock acted that way. You watch his films, and he's a blatant misogynist. In "Marnie," she gets saved by her rapist and she goes off with him, and you're supposed to feel happy and relieved for her. There's something going on there. But [Hedren]

was very quick to say what an amazing filmmaker he was, and the two were very close. But the fact is he kept her on a contract for seven years, she got offered roles in Godard, Truffaut films, and he wouldn't release her. He watched her sit until she had no career. That's a provable fact.

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# This Wiig just can't always be on



Kristen Wiig voices a Lucille Ball-esque character in "Despicable Me 2." / GETTY IMAGES

**Interview.** Playing larger-than-life characters is her forte, but she says she can't be funny all of the time.

Kristen Wiig is dealing with the fact that she's always expected to be "on." The comic actress and "Saturday Night Live" vet has made a name for herself with outlandish characters and hilarious writing, but she's actually quite shy when she's not on the clock. Unfortunately, when promoting an animated film like "Despicable Me 2," that's not very often.

"I mean, in an interview I am aware that I'm being recorded and written about, so there's a kind of a persona you have to bring out a little bit," she admits. "I find that people who interview me expect probably more of a come-

## What makes Kristen funny?

### Awkward FTW

Through her time on "Saturday Night Live" and her jump to film with projects like "Bridesmaids," Kristen Wiig has earned a legion of fans for her unique brand of humor. But just what is it that makes her so entertaining? "Despicable Me 2" co-star Steve Carell breaks it down for us. "Kristen, to me,

is funny, and not to deconstruct Kristen's comedy, but she is really funny because you never see her trying to be funny," he says. "I think we're very similar in a sense that at a party or social situations, we're not necessarily the funniest people in the room. It's just the two of us huddled in the corner whispering, 'How's it going?'"

dic personality than in real life."

Wrestling with those perceptions has perhaps gotten easier now that she's left "SNL," where she became a standout over seven seasons with crazy characters like Gilly and the Target Lady. She even enjoyed a touching send-off when she left the show, dancing with cast mem-

bers and creator Lorne Michaels — a tribute most "SNL" actors don't enjoy.

A year after her tearful farewell from "SNL," she admits she's finally getting used to not being on the sketch comedy mainstay. "I do miss it," she admits. "It's getting easier now, because they're on [summer] hiatus. I don't imagine what they're doing — not

in a creepy way, but just ... It was such a big part of my life for seven years, and it was a transition to leave, but it's getting better."

In the "Despicable Me" world, Wiig worked with the traits of one of her famous predecessors: She plays Lucy, a brassy, clumsy redhead — who reminds viewers more than a little of Lucille Ball — tasked with roping retired supervillain Gru (Steve Carell) into a mission. "That's all they gave me. 'Her name is Lucy, she has red hair, go!'" Wiig says with a laugh. "I had never played a character like that before that was so enthusiastic, I guess. She's very excited."

Lucy is also fearless, a trait Wiig humbly declines to apply to herself. "Um no," she says. "I don't know, in some ways, I guess. But I don't think anyone is 100 percent fearless."



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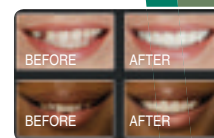
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# Big Star's shining moment

## Rockumentary.

The band that earned the right to say, "Nothing Can Hurt Me," gets its due on film.

Big Star's 1972 debut, "#1 Record," did not turn the Memphis quartet into what their name implies; the album didn't even come close to charting at the position that its title suggests. They would, however, eventually influence the next generation of alternative rock music, but this initial burst of self-imposed tragic and comic irony would go on to

haunt the band. Director Drew DeNicola wanted to get away from this disparity when making the new documentary, "Big Star: Nothing Can Hurt Me."

"The sensibility of these guys wasn't a commercial one, even if they thought so. The Big Star name was slightly tongue-in-cheek," he says. "It wasn't even in the DNA of the band. It wasn't even in that music for it to be successful at that time."

Tongue-in-cheek or not, Big Star was perpetually in the right place at the wrong time. They played the type of guitar pop that earned them comparisons to The Beatles at a time when the biggest bands were inflated and gim-



From left, Alex Chilton, Jody Stephens, Chris Bell and Andy Hummel were the definitive lineup of Big Star. "Big Star: Nothing Can Hurt Me" is screening at the IFC Center 5 and On Demand.

COURTESY OF MAGNOLIA PICTURES

## Quoted

"The sensibility of these guys wasn't a commercial one, even if they thought so. The Big Star name was slightly tongue-in-cheek."

DeNicola

micky (think: Kiss or ELO). They got a record deal, and the label declared bankruptcy before their second album could leave the warehouse. Founders fled in frustration and one died in a car crash before Big Star achieved posthumous popularity in the '80s.

DeNicola and codirector Olivia Mori bring out a sweet story of the participants who tried so hard to

make it work for the band. "I don't like to dwell on the whole element of, 'They didn't make it,'" says DeNicola.

"I'd just like to dispense with that and talk about the story of the people in the band and the music," he added.



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## Swan song

### Feels like the 'Third' time

As Big Star began to go down, their music got weirder, culminating in an artsy off-kilter masterpiece called "Third." Band leader Alex Chilton pulled stunts like inviting the homeless into sing background and replacing drum tracks with a deflated basketball. Drummer Jody Stephens says that even though it was challenging to record their swan song, it was an honor just to work in the studio with Chilton, who — as further tragic twist would have it — died in 2010, before he could see his band's story committed to documentary.

"The 'Third' album is such a brilliant reflection of where Alex was," says Stephens today. "If there had been commercial success, it could have taken Alex somewhere else and produced a different kind of record."

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## Summer reading? This time, meet the authors

If your summer reading includes young adult authors like Julie Kagawa or Kady Cross, consider this your chance to ask them a few questions.

Harlequin Teen is sending authors of teen books around the country in #YeahYA! Harlequin Teen Author Fest 2013.

The tour features a range of authors, from fantasy and sci-fi books to romance stories.

Authors include Kagawa, who wrote "The Iron Fey" and "Blood of Eden" titles, Aimee Carter of "The Goddess Test" series and Kady Cross, who wrote "The Steampunk Chronicles" books.

The tour is announcing new sites each week, but all of these authors will be in New York in July.

### If you go

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# Cities picking up the slack

**Nonfiction.** A new book suggests metropolitan areas are taking over brainstorming for the nation.

We all know the system is broken, but maybe instead of hoping in vain that election after election will fix it, we just need to look to a different system.

That's the argument made by Bruce Katz and Jennifer Bradley in "The Metropolitan Revolution," a new book that studies the ways in which cities and their surrounding metro areas are taking up the slack left by the partisan gridlock in Washington.

"Cities and metros are now the vanguard of innovation in the United States, not just the engines of the economy," says Katz, who is the founding director of the Brookings Institution's Metropolitan Policy Program. "More and



more, cities and suburbs are coming to understand that, particularly with Washington broken, that they really have to make choices together about pretty substantial issues."

Those issues include infrastructure, education, innovation, manufacturing and trade, and in their book Katz and Bradley point to metros across the country that are already taking innovative steps.

New York City enlisted major universities to help bolster its tech economy for the future; Denver forged a partnership between the city and its sur-



Bruce Katz and Jennifer Bradley's new book focuses on cities. / RALPH ALSWANG

rounding suburbs rather than pitting them against one another; and Houston has chosen to view its immigrant community as a unique asset rather than a drain on public coffers.

Most of these initiatives were undertaken, Katz says, in the aftermath of the Great Recession. "The recession really unveiled a growth model that wasn't working for the country. Running up to the recession there was this focus on consumption, home-building, stadium-building; we lost sight of the fundamentals in terms of what really drives economies

and prosperity for people. So cities, which are on the front lines of everything, understood that we needed to get back to basics."

Through its case studies and prescriptions for innovation, Katz wants the book to inspire other cities to undertake more ambitious transformations.

"We're hoping that the book is a catalyst," he says. "The reality is pretty stark in terms of the challenges that cities and metros face and the fact that the federal government has left the building. I think the metropolitan revolution is what this century demands."

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# 'Choir Boy' is not so pure

**Theater.** Spiritual music elevates this play, but make no mistake — it's no "Glee."

They take choir seriously at Drew, a prep school for young men of color. Maybe it's the "Glee" factor, but probably not — it's too rich in tradition, or so we're told. What we see is that it's rich in backstabbing and intrigue, especially between effeminate Pharos (Jeremy Pope) and his archenemy (and the headmaster's nephew), macho Bobby (Wallace Smith). Pharos gets support from his roommate, AJ (Grantham Coleman), while Bobby's sidekick Junior (Nicholas L. Ashe) watches his back. It's not quite clear where enigmatic preacher-in-training David (Kyle Beltran)



Wallace Smith, center, confronts his peers during one of the play's moments of escalating tension. / JOAN MARCUS

fits in.

Tensions between Pharos and Bobby mount steadily, as Pharos kicks Bobby out of choir and Headmaster Marrow (Chuck Cooper) reinstates him. The headmaster enlists a white professor, Mr.

Pendleton (Austin Pendleton), to calm things down. Pendleton is pretty lame, but good for a laugh as a disheveled fish out of water. Things reach a boiling point when Pharos is attacked in the showers.

Playwright Tarell Alvin

McCraney's use of music — a cappella spirituals that get woven into the action and underscore emotions — is brilliant, even if it does eventually get a little tired. It gives the play a unique and moving texture. Characters also

tend to be textured. Pharos in particular, fully inhabited by Pope, is a melting pot of contradictions: hubris, fear, sensitivity and disdain. David, who turns out to be pivotal to the story, is the only underwritten character. We

know his religious aspirations border on fanatical, but we don't get a sense of what makes him tick. It's as if McCraney holds back information to maximize surprise, which is counterproductive.

"Choir Boy" has a solid core, but a few rough edges. Luckily, its recurring harmonies go a long way to smooth them over.

**MICHAEL BRACKEN**  
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If you go

## 'Choir Boy'

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School's officially out for summer, which means local vacation spots will be swarming. In search of a more serene getaway? Head south — way south — to the beautiful beaches of the Dominican Republic. The cities of Punta Cana and Puerto Plata have long been the country's top tourist destinations, but popularity comes with a price: crowds. On Hispaniola's Atlantic coast, far away from the hustle and bustle, the Samana Peninsula offers visitors miles of untouched beaches and a true taste of island culture.

The Sublime Samana Resort and Residences ([www.sublimesamana.com](http://www.sublimesamana.com)), located just a 20-minute ride from El Catey airport, is nestled quietly between the mountains and the coastline, providing a spectacular view in all directions. The province is one of the most unspoiled natural habitats of the Caribbean.



Who needs a filter when the sunset looks like this? / [SUBLIME SAMANA HOTEL & RESIDENCES](#)

an. The brochure pictures of endless palm trees and empty shores along the Samana are legit. Sink into a sunny lounge chair on the private six-mile beach and dip yourself in crystal clear turquoise waters, sharing your swim only with the occasional fish or a school of dolphins.

For those who prefer slightly calmer seas, two large pools book-end the property. Or, camp out in a private palapa, soak up some Dominican sun and simply slip into one of the adjacent plunge pools, gracefully interwoven through the center of the resort just a few steps from your front door.

A short stroll through soft white sand leads guests to a rustic spa, which offers visitors a variety of treatments in open-air cabins, surrounded by the scents and sounds of Atlantic waves crashing on the shore. After a relaxing ritual, refuel alfresco at the Beachside Grill, open for breakfast and lunch.

The collection of 20 suites and villas feature a variety of rooms sized for two, four or more. Each is appointed with floor-to-ceiling windows, full dining rooms, fully equipped kitchens and private balconies, many with hot tubs. Large groups can take up residence in one of four casitas — two- or three-bedroom villas complete with a garden or ocean view. Need something? Just ask the on-site manager, Paula. From restaurant recommendations



The resort's Beachside Grill takes al fresco dining to a whole new level. / [SUBLIME SAMANA HOTEL & RESIDENCES](#)



Now this is about as local as it gets! / [MICHELLE BOYLES](#)

on the property, assist the chef in preparing your meal, all while learning about local ingredients and techniques for getting the most flavor from your food. Then, of course, enjoy the fruits of your labor!

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## Fab food

## Dinner and a show, Vegas style

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Post-dinner, indulge in a timeless Vegas experience: a Cirque du Soleil show. There are currently eight shows, including the brand new "Michael Jackson ONE," now open at Mandalay Bay. Other new arrivals: "Zarkana" at the ARIA, which follows the story of a magical ringmaster visiting a haunted theater, and the adults-only "Absinthe" at Caesars Palace.

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## Something different

## Off-the-Strip secrets

While the Strip will always anchor the non-stop action in Las Vegas, the city's downtown area has enjoyed a revival in recent years, anchored by the Fremont Street Experience, an outdoor concert space, as well as a burgeoning arts and culture scene. Two recently opened attractions that evoke the spirit of vintage Vegas: the Neon Museum, which opened its

extended campus in October and houses more than 150 historic neon signs, and the three-story Mob Museum, which opened last year and highlights the history of organized crime across America. The Mob Museum boasts interactive exhibits and a look at the wise guys Vegas has attracted over the years. The squeamish can opt out of a photo gallery of mob hits.

## Serious shut-eye

## Savvy stays

The current trend in the hotel world is reinventing an existing venue; in other words, what's old is new again. One property getting serious buzz among in-the-know locals and visitors alike: Nobu Hotel. This extension of the famed sushi empire, located in the Centurion Tower in sprawling Caesars Palace, is a zen Asian oasis, where its 181 rooms feature round-the-clock room service from a menu created by star chef Nobu Matsuhisa himself. Other guest perks include VIP access to the restaurant — the largest of Nobu's worldwide locations — as well as to the ever-hip Pure Nightclub.

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 <p><b>Celebrity</b> Cruises</p> <p>Receive FREE Pre-Paid Gratuities, up to \$600 Onboard Credit plus up to \$350 Onboard Savings on select sailings</p>	<p><b>7-Day Alaska</b></p> <p><del>\$699</del> <b>\$449*</b> <del>\$1099</del></p> <p>Ocean View Balcony</p>	<p><b>7-Day Caribbean</b></p> <p><del>\$834</del> <b>\$539*</b> <del>\$1114</del></p> <p>Ocean View Balcony</p>	<p><b>7-Day Bermuda</b></p> <p><del>\$729</del> <b>\$634*</b> <del>\$969</del></p> <p>Ocean View Balcony</p>	<p><b>11-Day Hawaii</b></p> <p><del>\$1259</del> <b>\$924*</b> <del>\$1644</del></p> <p>Ocean View Balcony</p>

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## A\*M\*E

British singer A\*M\*E has written tracks with Emeli Sandé and toured with Jessie J. She talks to us about her personal style.

## SHOULDER PADS WITH SOME 'POW!'

As a child, Amy Kabba, better known as A\*M\*E, fled a war-torn Sierra Leone and moved to London, where she discovered The Backstreet Boys, 'NSync and Destiny's Child. And she's not embarrassed to admit she's still a fan of '90s pop. The 18-year-old will be releasing her debut album later this year, but in the meantime, the BBC Sound of 2013 nominee (she lost out to sister-band Haim) opens up about her crush on Rihanna and the

power of a bold lip.

**As a new artist, is it tough to decide what your image will be?**

You have to appear with a certain look, which is difficult because it's almost impossible to think of something that hasn't been done. But as a person, you grow and your style is going to change. My style is bold and bright. I once wore this Shara Hayz bodysuit with frosty shoulder pads

that was so incredible. I wear a lot of pieces that are like, 'POW!' I like to take risks, and being a darker skin tone, bright clothes and accessories work well on me.

**Given the chance, whose closet would you raid?**

Rihanna's. I've got the biggest style crush on her. She wears a lot of things most people wouldn't dare to wear and she rocks them great. I think we've got pretty similar tastes so

I think I could find some really nice outfits!

**You moved to London from Sierra Leone as a child. Why did you leave?**

My family fled the war and moved to London in the hope of a better life. I was really young so I don't remember too much, other than that it was really hot!



ROMINA MCGUINNESS  
romina.mcguinness@metro.lu



## The building blocks of her style



### A bold lip

"Wearing a pop of color on my lips makes me stand out a bit more. I usually wear MAC Shy Girl lipstick with a bit of gloss on top."



### High heels

"I'm a heelaholic. It's not because of my height; I love being short. It's more about how they look. Christian Louboutin Pigalle heels are sexy."



### T-shirt dresses

"I love to wear oversized tops as dresses. I get most of mine from Ashish. I find that it's really cute on smaller girls."



### Scarves

"As a singer, it's important to keep your neck super warm. So I wear a lot of scarves from Topshop and Warehouse."



### Super high-waisted jeans

"I'm really petite and Topshop Joni jeans seem to be the only jeans that fit me perfectly."

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Submit your initiative or idea to strengthen New York City for black and Latino young men by July 24, 2013!

Competition winners are eligible for up to \$36,000 in prizes.

[www.myvoiceourcity.com](http://www.myvoiceourcity.com)



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# Crying over spilled milk, then laughing about it

**Books.** One dad's pictures of his sons helped him cope with parenting.

Greg Pembroke's son was having a meltdown in a museum. Over cheese. A piece of cheese, torn down the middle.

"My oldest son just started to wail in the middle of this museum," he remembers. "I'm like, 'Well, this is so over the top.'"

The Rochester, N.Y., dad of two snapped a pic of his son's tear-strewn face, posting it to Facebook in an album that became a blog that spawned a book.

The creator of the "Reasons My Son Is Crying" Tumblr blog, which recently went viral, is

now penning the book. Parents from all over the world flooded him with submissions of their bawling babies, from New Jersey kids tumbling out of a hammock to a Chinese baby upset with his Superman outfit. The 33-year-old dad says posting pictures can be parenting therapy.

**What was it like to have pictures of your kids go viral?**

It was so crazy. After [it appeared on Reddit], it started to spread so

quickly. ... It's a little overwhelming initially, but the feedback was so overwhelmingly positive. ... I think someone has visited my blog from every country in the world, except maybe North Korea. You can't win them all.

**Why do you think this has struck such a chord?**

In general, the people that get it are people [who] have normal, healthy toddlers, who have been around kids. This is a phase they go

through. It's going to happen. .... Kids are going to cry. You can either pull your hair out, or you can say, "This is a little bit ridiculous."

**How has this helped you in your own parenting?**

It really does help you see the humor side. This is a stage in childhood development, a stage in parenting. I know right now that I'm going to miss this when they're out of it, and I think it's a reminder to me to just kind of laugh about the insanity. It's not always going to be this way. When they get older, they're going to have problems that aren't always as easily laughed off, and I think then I'm going to be a bit nostalgic.



**ALISON BOWEN**  
alison.bowen@metro.us

## Quoted

**"Parents are wired to think that if your kids aren't happy all the time, that you're failing. It doesn't mean you're a bad parent just because you have to carry your kid screaming out of Disney World on your shoulder, crying the whole way, which I did in May."** Pembroke



One of Pembroke's sons was not impressed during a New York trip.  
COURTESY OF BRANDON STANTON, HUMANS OF NEW YORK

## Tweet us!

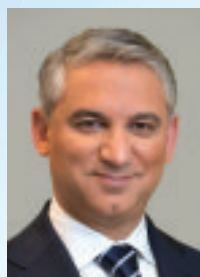


Thanks Mayra Miranda for sending us this #metrobabies pic of your kiddo reading Metro. We want to get more of your kids into our pages. Are your kids' allergies worse this summer? Let us know what's helping with #metroparenting, and send us more pics of your kids enjoying summer — or Metro.



## We are pleased to welcome David B. Samadi, MD

to Lenox Hill Hospital as Chair of the Department of Urology and Chief of Robotic Surgery.



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As part of the health system, Dr. Samadi and his patients have access to our award-winning resources and facilities.

Dr. Samadi is a Professor of Urology at Hofstra North Shore-LIJ School of Medicine, where we are advancing medical education for the next generation.



Learn more about Dr. Samadi and Lenox Hill Prostate Cancer Center.

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Visit [lenoxhillhospital.org/roboticoncology](http://lenoxhillhospital.org/roboticoncology).







# Making beauty more than a mirror reflection for teens

**Self-esteem.** A six-week camp urges girls to reach their full potential.

Release the beast.

This is the three-word motto of a woman who has been through bullying, physical abuse, eating disorders and more, but overcame it all and now uses her experiences to empower and inspire teenage girls.

"I've literally gone through everything that could've possibly taken someone down," says Akilah C. Thompson, founder of ACT Inspires Inc. "As a teenager, I had to learn how to survive by believing in myself, by

learning how to find value and build confidence."

She adds, "And that's what I want to be able to give future generations."

So "release the beast" is exactly what Thompson did to fuel her organization's six-week I AM B.E.A.U.T.Y. boot camp program.

"In the word 'beast' is the word 'best,'" says Thompson, "and how you find your best is by bringing your A-game, which is the other letter in the word."

According to Thompson, while younger generations focus on what they see on TV and in the media, they lose sight of positive role models and believing in their dreams.

The B.E.A.U.T.Y. in the camp's name stands for

If you go

## Inner beauty

Register through July 12 at [www.generationsinspired.org/iambeauty/](http://www.generationsinspired.org/iambeauty/)

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beautiful, extraordinary, ambitious, unlimited, talented and young. The program will strive to teach young girls how to appropriately use social media and encourage



Akilah C. Thompson wants her story to inspire teen girls. / PROVIDED

them to follow positive role models. Empowering programs focus on goal setting, vision boards and career awareness. A "Girl Talk" segment allows the girls to anonymously ask questions.

During Thompson's rough teenage years, she says she went through a rebellious stage where she was fighting and getting suspended in school, cutting classes, stealing and smoking.

"I had very rough teen-

age years," Thompson says, "and it wasn't until my high school years when I realized that a lot of what I was going through with rebellion was because I didn't really believe in my abilities and didn't have much self value."

After that, she says, her attitude changed.

"I wanted to create a vehicle in which people like myself, can relate to these at-risk teenagers," she says. "We can reach back to them and relate

to them and convert them and really show them the right way and how they can really do things for the better and achieve their full potential."

She adds, "We want to help them really love who they are, to believe and to be able to equip them with the tools they need to accomplish their dream."

**JULIE KAYZEMAN**  
[letters@metro.us](mailto:letters@metro.us)

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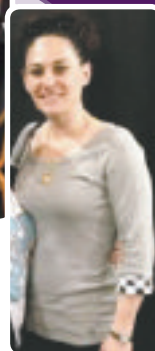
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## Horoscope

**Cancer | June 21-July 22.**  
This may not be one of your better days for managing resources, either yours or other people's. Don't take on any fiscal responsibilities.

**Leo | July 23-Aug. 22.**  
If someone thinks you're acting self-serving, this person might place obstacles in your path just to trip you up.

**Virgo | Aug. 23-Sept. 22.**  
When attempting to fulfill an ambitious objective, you should keep moderation in mind. Watch out, because the rail might be flimsy.

**Libra | Sept. 23-Oct. 22.**  
Any involvement that has strong elements of risk or speculation would be best avoided today.

**Scorpio | Oct. 23-Nov. 21.**  
Even though you're apt to be ambitious and industrious, you might do things the hard way, which will end up being counterproductive.

**Sagittarius | Nov. 22-Dec. 21.**  
If you're trying to bluff your way through something today, you had better put on a good poker face.

**Capricorn | Dec. 22-Jan. 20.**  
It will take some exceptionally shrewd maneuvering on your part to come out on top in a business matter.

**Aquarius | Jan. 21-Feb. 18.**  
Strive to maintain harmony and balance in all of your personal and business affairs. If you don't, things could get out of sync.

**Pisces | Feb. 19-March 20.**  
Sadly, others won't be as eager to help you as you are to help others. Don't embarrass yourself by requesting a favor.

**Aries | March 21-April 20.**  
Even though you try to promote cooperation, you might still run into someone who resists all such attempts.

**Taurus | April 21-May 21.**  
If you find yourself having to share credit with someone you dislike, don't make your feelings obvious.

**Gemini | May 22-June 20.**  
It isn't likely that you'll get others to have faith in your ideas if you show doubt about them yourself. Have confidence or go home.

BERNICE BEDE OSOL

## Sudoku: Easy and hard

3	6		5		4			
7			3				5	8
				1				
		5			3	1	9	
		1	2	9	7	6		
	2	6	8			7		
				3				
1	9				2			7
			7		5		1	9

				7		4		
7		8	9			1		3
	1				5	8		
	5		6			7		4
			2	7				
9		7			4		3	
		3	1				4	
1		5			8	3		6
		2		6				

## How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword

## Across

- 1 "Don't tell me!" (2 wds.)
- 5 Grayish
- 9 Nile city
- 14 Tarot reader
- 15 Othello's betrayer
- 16 Funny bone
- 17 Curdled
- 19 Motel staffers
- 20 Elev.
- 21 Road map info
- 22 Mr. Ventura
- 23 More spacious
- 25 Standing
- 26 Swing voter (abbr.)
- 27 Eclair filling
- 30 Hockey gear
- 33 Pita treats
- 34 Female whale
- 36 Handel contemporary
- 37 Of a Peruvian empire
- 38 BBs
- 39 Faultfinder
- 40 Ring-shaped reef
- 41 Quaking tree
- 42 Nom de plume (2 wds.)
- 44 DJ's platters
- 45 Type of lock
- 46 Brides toss them
- 50 Shade of green
- 52 A kiss in Granada
- 53 Grassy field

- 54 Metal mixture
- 55 Successful inventors
- 57 Horse's brakes
- 58 Fog up
- 59 Concludes
- 60 Luau
- 61 Takes tea
- 62 Not hard

## Down

- 1 Golden statuette
- 2 Word of welcome
- 3 "Groovy!"
- 4 Moon or eye
- 5 Lost some
- 6 Less common
- 7 Geological divisions
- 8 Build, slangily
- 9 Glues tight
- 10 49th state
- 11 Heron kin
- 12 Was driven
- 13 Startled cries
- 18 Extreme edge
- 22 He jilted Medea
- 24 Lab denizens
- 25 In the country
- 27 Dishwasher phase
- 28 Mounties' org.
- 29 Rounded roof
- 30 Japanese honorific
- 31 Ambush
- 32 "Picnic" penner

- 33 Pithy saying
- 35 Finished first
- 37 Where Pisa is
- 38 Sec'y.
- 40 Investment-firm employee
- 41 Barbecue garb
- 43 Quick-dry fabrics
- 44 Hologram makers
- 46 Outfit (hyph.)
- 47 "Maria —"
- 48 Orchestra section
- 49 Smart-mouthed
- 50 MOMA artist
- 51 He directed Marlon
- 52 Island near Java
- 54 Rover's bark
- 55 "Mystery!" channel
- 56 Golfer's gizmo

## Yesterday's answer



## Letters

## Smokers the butt of unfair prejudice

**Re: 'What's the real cost of lighting up?' (Metro, July 8)** I am a 70-year-old smoker, and my smoking never cost my work or insurance a penny. I'm still working full time and see a lot of people wasting more time talking to each other than smoking. I still get the best productivity reviews. Instead of going after smokers, they should go after drinkers that miss more days of work than smokers and also cost a lot of grief to their families and to the insurance companies. Smokers never hurt anyone.

SILVIA TORRE, VIA EMAIL

First, I will say I am a smoker. As far as the cost to an employer for smokers, I think people need to get off their high horses and leave us alone. I am entitled to a 15-minute break in the morning and a half-hour lunch break. I choose to eat my lunch at my desk. I didn't spend 20 minutes to a half-hour on a personal call or email to one of my children or spend time talking non-work-related things. Don't just assume because a smoking employee goes out for a smoke that they are less productive than the non-smoking employee.

DEBBIE DANFORTH, VIA EMAIL

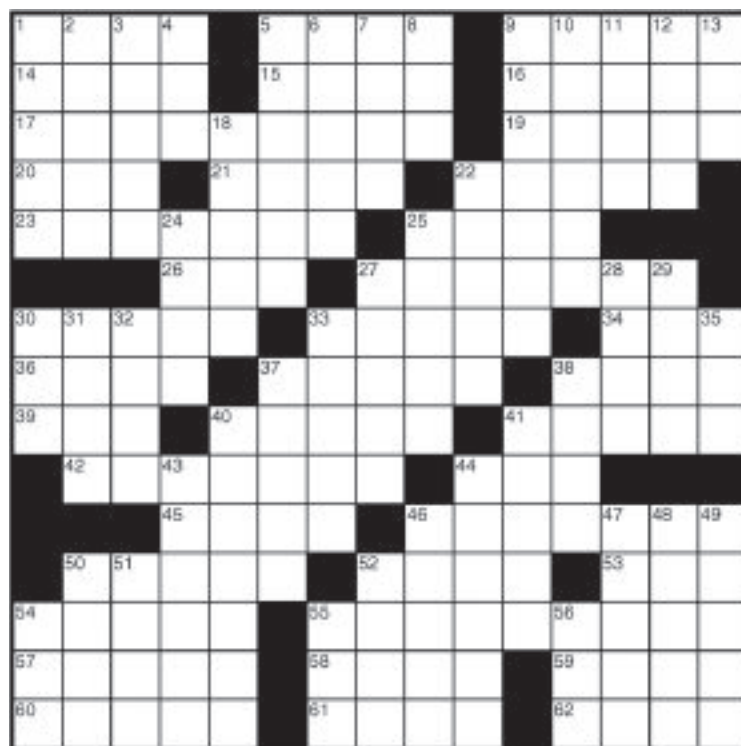
## letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.



## New!

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# 3

## SPORTS

### DETROIT STORY

Coach Wallace

#### 'Sheed to the bench

Rasheed Wallace retired from a 17-year NBA career last season after a brief stint with the Knicks, but he's found a new way to earn technical fouls. He'll be able to yell at the referees from the other end of the bench, as he has taken an assistant coaching position with the Pistons. Wallace will work with young post players Andre Drummond and Greg Monroe.

Watch online



Find video and recap of yesterday's Royals-Yankees game at: [Metro.us/sports](http://Metro.us/sports).



Geno Smith isn't just adjusting to a new offense; he's adjusting to a whole new way of taking the snap. / GETTY IMAGES

# UNDER THE GUN

**NFL.** Jets rookie Geno Smith is making the tough transition to under center as a pro.

The transition from college quarterback to the NFL is a complicated one — one made more difficult for Jets rookie Geno Smith as he adapts to playing exclusively under center for the first time in his career.

As a three-year starter at West Virginia, Smith ran the Air Raid offense — almost exclusively out of the shotgun. He will be forced to play under center for the vast majority of the

playbook with the Jets. The learning curve is bound to be steep for Smith, as everything from footwork to the speed of the pass rush will challenge him.

At the end of minicamp last month, Metro asked Smith about his progress in

going from shotgun to the Jets' West Coast offense.

"I can't say what the toughest part is, one single aspect of it. I do understand that there is a challenge and like I said, it's all about getting repetition," Smith said. "I feel more comfort-

able with it now than I did when I first got here, and that's just all a part of the learning process, but there's a long ways to go, and I've got to continue to polish that and get better with it."

Terry Shea has worked with a number of college quarterbacks who have made the transition from an offense similar to Smith's.

"It is proven that the shotgun alignment for the quarterback gives him another 'tick' of protection time," Shea said. "Let's say for example a pass rusher comes off the line of scrimmage clean with the quarterback in the shotgun position. It has been proven that a quarterback

attempting to pass [out of the shotgun] can actually release the football before the unblocked rusher can make contact on the passer. From this scenario, I believe that the shotgun depth affords the quarterback more time to release the football than if he were dropping back from under center."

It won't be easy, cautions Shea, who said there is no exact time frame to determine when a quarterback can make the transition from a college shotgun offense to one such as the West Coast offense used by the Jets.

**KRISTIAN  
DYER**  
[sports@metro.us](mailto:sports@metro.us)

#### Prior results

Terry Shea has worked with many quarterbacks entering the NFL, including Robert Griffin III.

- Another pupil was Jaguars quarterback Blaine Gabbert, who Shea said operated "98 percent" of the time out of the shotgun at Missouri.



#### Crime

### Son of Giants' legend facing rape charges

Lawrence Taylor Jr., the son of Hall of Famer

Lawrence Taylor, has been charged with felony aggravated sodomy, aggravated child molestation and statutory rape based on an incident involving two

girls under 16 years old at his mother's home in Georgia, according to police.

Taylor Jr., 31, is being held without bond. His mother and father are

divorced.

His father is currently serving six years on probation after an incident when he patronized an underage prostitute in 2011. **METRO**

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# Cruz, Giants agree on long-term deal

**NFL.** New York had spent all offseason working out a five-year extension with the former undrafted star.

The offseason-long holdout of Victor Cruz has come to an end.

The Giants and Cruz have agreed to what is reportedly a five-year, \$43 million extension after his tender runs out this season. He signed a \$2.87 million one-year tender for 2013 as a restricted free agent. That brings the six-year total to \$45.87 million.

The deal reportedly includes \$15.6 million in guaranteed money.

"We are pleased to have this behind us," general manager Jerry Reese said in a statement. "Now Victor can focus on football. Training camp is approaching quickly, and we all have a lot of work to do to get back where we want to be." Cruz sought an extension all offseason and held off on signing



With Cruz inked to an extension, now the team will look to re-sign Hakeem Nicks. / GETTY IMAGES

## Quoted

**"I feel relief. I feel I can just kick back and play football again."**

Victor Cruz, Giants WR  
On signing a contract extension yesterday

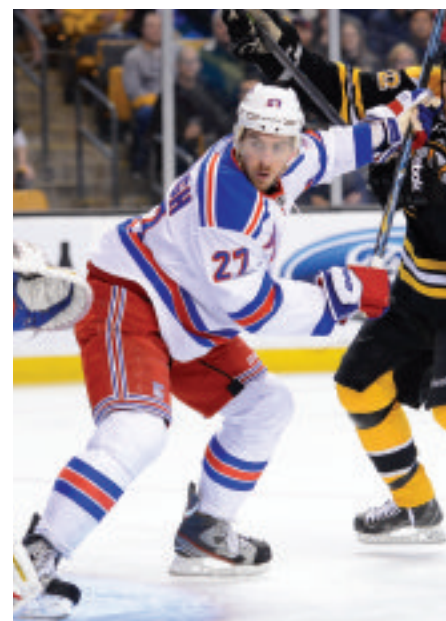
his one-year tender until the deadline to do so. The fourth-year receiver did not attend any of the minicamp sessions this offseason. He could not be fined for missing mandatory minicamp as he had yet to sign his tender when it was held.

Cruz is coming off a

Pro Bowl season in 2012 in which he had 86 receptions for 1,092 yards and 10 touchdowns. He had 82 catches and 1,536 yards with nine touchdowns in a breakout 2011 campaign.



**MARK OSBORNE**  
mark.osborne@metro.us



## Rangers ink McDonagh to six-year extension

The young cornerstone of the Rangers defense, Ryan McDonagh, was signed to a six-year, \$28.2 million deal yesterday. He was a restricted free agent. / GETTY IMAGES

## No bull

### Rex Ryan runs with the bulls

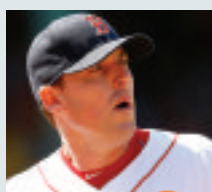
Jets head coach Rex Ryan has adopted a very dangerous new form of exercise.

A photo of Ryan

running with the bulls in Pamplona, Spain, made the circuit and it was confirmed he ran not just once, but twice. He, and all his fellow runners, went ungored. **METRO**

## MLB power rankings | by Ryan Hannable

**No. 1**



**Red Sox (54-36)**

Even though the Red Sox dropped two of three to the Angels over the weekend, the Sox take over the top spot as they had won five in a row before the series and have won a major league-leading 54 games on the year. They wrap up the first half with a 10-game West Coast trip.

**No. 2**

**Cardinals (53-34)**

They have the NL's best average at .274 and the third-best ERA at 3.34.

**No. 3**

**Pirates (53-34)**

It is a bit surprising how successful the Pirates have been, scoring only 3.93 runs per game.

**No. 4**

**Athletics (52-37)**

A 4-2 record last week has the Athletics back on top in the AL West.

**No. 5**

**Rangers (51-37)**

Texas is one game back in the loss column of the A's in the AL West.

**No. 6**

**Braves (50-38)**

Atlanta has been dominant at home going 29-13, but are just 21-25 on the road.

**No. 7**

**Reds (50-38)**

Cincinnati lost two of three to the Mariners over the weekend.

**No. 8**

**Rays (49-40)**

The Rays have won eight of nine and have surged up the AL East standings.

**No. 9**

**Tigers (48-39)**

Detroit finds itself only nine games over .500 and own only a 2 1/2-game lead in the AL Central.

**No. 10**

**D'Backs (47-41)**

With five straight wins, Arizona has separated itself in the NL West.

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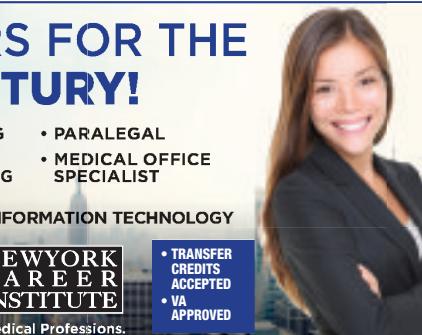
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**NOTICE IS HEREBY GIVEN, PURSUANT TO LAW**, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, July 17, 2013 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from PGGGS Gourmet, Inc. to continue to, maintain, and operate an unenclosed sidewalk café at 261 Columbus Avenue, in the Borough of Manhattan for a term of two years. REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

**Notice of Formation of Greencastle Advisors LLC.**  
 Art. Of Org. filed with Secy. Of State of NY (SSNY) on June 26, 2013. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 20 Orchard Lane, Rye, NY 10580. Purpose: Any lawful activity.

**NOTICE IS HEREBY GIVEN** that a license, serial # 1271709, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 225 Front St., New York, NY 10038. New York County, for on-premise consumption. Dona Gallo Inc.

**NOTICE IS HEREBY GIVEN** that a license, Number Pending, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 4318 Ditmars Blvd, Astoria, NY 11105, for on-premises consumption. Sal & Chris Corporation.

**NOTICE IS HEREBY GIVEN**, that a license, Serial # Pending for Restaurant Beer has been applied for by the undersigned to sell Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 664 Lexington Ave., New York, NY 10022 for on-premises consumption. Le Baquette Cafe Corp.

### Real Estate/Sale

### Homes

### Homes

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### Real Estate/Rent

### Apartments

1495 Bruckner Blvd. ★ Must See!  
 Newly Renov 3 Br, 1 blk to # 6 train, sch, hwy. Sec 8 ok. Bkr 917-417-8698

**Boinbridge/All Bronx Sts** fr. \$750.  
 1 Br fr. \$875, 2 Br's fr. \$1050, 3 Br's fr. \$1200. Also no credit check apts. avail. MAZIE'S RE 718-293-4535

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Boston Rd & Westchester Ave. 1 & 3 BR apts, walk-up bldg. Renov Kit/Bth, nr Trans & School. Sec 8 OK. Owner Migueldina 914-632-1230

Conarsie & Old Mill Basin  
 Studios, 1, 2 & 3 Bdrms \$1100 - \$1800  
 Broker 718-331-3385

### Apartments

**EAST NY - Newly Renov 2 Br apt**, New Kit & Bth, Hwd Flrs, S/S Apls., \$1500/mo. 1 mo rent + 1 mo sec. Call Owner 718-564-9499

★RUGBY★ E. 58th St & Snyder Ave. 1 Block off Kings Hwy, well maint'd rent stabil. bldg. 1br \$1175; 2br \$1450 1st 1/2 mo rent free. Agr 718-657-1065.

**FAR ROCKAWAY** Newly Renov 1 Br Apt, New Kit & Bth. Nr trans & shops. Great view of beach. \$1000/mo. Pay Own Utils. Owner 917-440-2436

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 1br \$120; 2br 1485; Hdw'd flr, renov kit. Rent stabilized garden comp, laundry facility. 1st 12 mo rent free Agr 718-657-1065

St. Albans 170th St. & Foch Blvd. Off 116th. 1br \$1050/mo in well maint garden style complex. Nr shops. Q4.5 bus 1st 1/2 mo rent free Agr 718-657-1065

**IRVINGTON** ★ Nr NYC Buses 3 Br, Full Bg, Kit, Lr, Dr, H/W Incl. Pay Own Elect. \$1200/mo. 1 mo rent + 1 mo sec. Owner 646-207-4942/347-228-0757

**Newark-Society Hill** @ University Hts 30 mins to Manh ★ Renov 1 BR, W/D, Tennis Courts, Pool, Prkg, 24-Hr Sec, nr NJIT, Rutgers, Seton Hall, PATH, Buses, Lite Rail, \$1100/mo + 1 Sec. Credit/Refs OK. Owner 917-482-4668

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### Real Estate/Rent

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